

**Supplemental Table 3 (S3):** Food groups and individual food items

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<b>Food group</b>	<b>Food item</b>
Quercetin-rich foods	Summary measure of apples, grapes, onions, artichoke/fennel/celery, beans/chick peas, plum, turnips, peppers, strawberries, tomatoes, and broccoli
Non-queretin-rich foods	Summary measure of pears, bananas, kiwis, oranges/grapefruits, mandarins/clementines, peaches/clingstones, apricots, melons, and fruit cocktails' carrots, salad, peas, mushrooms, savoy, black cabbage, cooked spinach/swiss chard/beets/rabes, and beets
Red and processed meat	Summary measure of beef steak, hamburger, pork chops, veal chop/cutlet, cooked ham (prosciutto cotto), smoked ham (prosciutto crudo), cured ham (speck), salami, baloney (mortadella), wurstel, salted sliced beef, coppa, pancetta, and other types of processed meats

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