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Abstract

Background: Cancer incidence rates for American Indian and Alaska Native (AI/AN) populations vary by geographic region in the United States. The purpose of this study is to examine cancer incidence rates and trends in the AI/AN population compared with the non-Hispanic white population in the United States for the years 2010 to 2015.

Methods: Cases diagnosed during 2010 to 2015 were identified from population-based cancer registries and linked with the Indian Health Service (IHS) patient registration databases to describe cancer incidence rates in non-Hispanic AI/AN persons compared with non-Hispanic whites (whites) living in IHS purchased/referred care delivery area counties. Age-adjusted rates were calculated for the 15 most common cancer sites, expressed per 100,000 per year. Incidence rates are presented overall as well as by region. Trends were estimated using joinpoint regression analyses.

Results: Lung and colorectal cancer incidence rates were nearly 20% to 2.5 times higher in AI/AN males and nearly 20% to nearly 3 times higher in AI/AN females compared with whites in the Northern Plains, Southern Plains, Pacific Coast, and Alaska. Cancers of the liver, kidney, and stomach were significantly higher in the AI/AN compared with the white population in all regions. We observed more significant decreases in cancer incidence rates in the white population compared with the AI/AN population.

Conclusions: Findings demonstrate the importance of examining cancer disparities between AI/AN and white populations. Disparities have widened for lung, female breast, and liver cancers.

Impact: These findings highlight opportunities for targeted public health interventions to reduce AI/AN cancer incidence.

Introduction

The most recent national data suggest that overall cancer incidence rates have decreased for men and remained stable for women in the United States in recent years (1). These overall rates and trends, however, mask significant disparities in cancer incidence rates by race/ethnicity and by cancer types. For example, previous studies have shown substantially higher cancer incidence rates for the AI/AN population compared with whites that vary by geographic region and cancer type (2, 3). Nationally aggregated data do not adequately describe important differences in cancer outcomes within the AI/AN population due to the observed regional variation in cancer incidence rates.

The purpose of this study is to provide a comprehensive update of cancer incidence rates in the non-Hispanic AI/AN population in 6 geographic regions of the United States. We also evaluated long-term trends in cancer incidence from 1999 to 2015 for the top 15 cancers in the AI/AN population. We utilized data from 2010 to 2015 from central cancer registries that have been linked with the IHS patient registration database using previously established and validated techniques that have been shown to reduce racial misclassification and provide accurate estimates of cancer incidence in the AI/AN population (4, 5). By examining geographic variation and disparities in cancer incidence rates and changes in these rates over time, we can more accurately identify priority areas for cancer prevention and control in the AI/AN population.

Materials and Methods

We utilized data from population-based registries, which participate in the National Program of Cancer Registries (NPCR) of the Centers for Disease Control and Prevention (CDC) and the Surveillance Epidemiology and End Results (SEER) program of the NCI (6, 7). For all cancers contained in this study, tumor histology, tumor behavior, and primary cancer site were classified according to the Third Edition of the International Classification of Disease for Oncology (ICD-O-3).

Incidence rates were presented for the most common cancer sites among the AI/AN populations nationwide. Site categories
used were consistent with prevailing reporting standards (3, 6). Lymphomas (ICD-O-3 histology codes 9590-9729) were presented as 2 separate categories (Hodgkin and non-Hodgkin lymphoma) and were not included with tumors of specific anatomic sites. Mesothelioma (ICD-O-3 histology codes 9050–9055) and Kaposi sarcoma (ICD-O-3 histology code 9140) were not included with other tumors of specific anatomic sites. In situ and invasive bladder tumors were combined in a single category (8). Except for bladder cancers, analyses were restricted to malignant tumors (ICD-O-3 behavior code 3).

Previous data showed that racial misclassification can result in an underestimation of AI/AN cancer incidence rates (4, 5). Efforts to reduce racial misclassification, and the process for conducting the IHS linkages, have been described elsewhere (5). Briefly, all case records from each state were linked with the IHS registration database to identify AI/AN cases misclassified as non-AI/AN. For the purposes of all analyses in this study, we restricted analyses to purchased/referred care delivery area (PRCDA) counties. These counties, previously called contract health service delivery area (CHSDA) counties, contain or are located adjacent to federally recognized tribal lands. PRCDA counties also have higher proportions of AI/AN persons in relation to the total population than non-PRCDA counties. Approximately 53% of the U.S. AI/AN population resides in PRCDA counties (Fig. 1).

Linkages in these counties provide more accurate correction for racial misclassification of the AI/AN population, who are more likely to access IHS services in these areas (5).

In a previous report, the updated bridged intercensal population estimates overestimated AI/AN populations of Hispanic origin (9). In the present study, we limited all analyses to non-Hispanic AI/AN populations to avoid underestimating rates in the AI/AN population (9). Non-Hispanic white was chosen as the reference population. For conciseness, the term "non-Hispanic" was omitted when discussing both groups in this study.

Statistical analysis

All cancer incidence rates are expressed per 100,000 population and were directly age-adjusted using 19 age groups to the 2000 U.S. standard population using SEER*Stat software version 8.3.2 (10). Using the age-adjusted incidence rates we calculated standardized rate ratios (RR) for the years 2010 to 2015 for the AI/AN population, using the white population as reference. Top 15 cancers were ranked for the AI/AN and white populations according to overall rank in the United States, and rank by region. Information regarding regions and PRCDA counties are shown in Figure 1.

Long-term trends (1999–2015) in age-adjusted cancer incidence rates were estimated by joinpoint regression including annual percent change (APC) and average annual percent change (AAPC; ref. 11). Total percent change in incidence rates between 1999 and 2015 were also calculated. Trends were estimated using software developed by the NCI (Joinpoint Regression Program version 4.3.10; refs. 10, 12) Two-sided P values <0.05 were considered statistically significant.

Results

Incidence rates for the 15 most common cancers in AI/AN males are shown in Table 1. Prostate, lung, and colorectal cancer were the most common cancers for both AI/AN and white males. Nationwide (i.e., all regions, combined) cancer incidence rates were significantly higher in the AI/AN population than in the white population for lung cancer (RR = 1.12), colorectal cancer (RR = 1.36), kidney cancer (RR = 1.66), liver cancer (RR = 2.30), and...
Table 1. Leading cancer sites for American Indians/Alaska Natives compared with non-Hispanic whites for the United States, males, all ages, PRCDA counties, USA, 2010 to 2015

<table>
<thead>
<tr>
<th>Cancer site</th>
<th>Overall</th>
<th>Northern Plains</th>
<th>Alaska</th>
<th>Southern Plains</th>
<th>Pacific Coast</th>
<th>East</th>
<th>Southwest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prostate</td>
<td>1 (1)</td>
<td>96.7 (105.4)</td>
<td>0.82</td>
<td>2 (1)</td>
<td>110.7 (106.8)</td>
<td>1.04</td>
<td>3 (1)</td>
</tr>
<tr>
<td>Lung and bronchus</td>
<td>2 (2)</td>
<td>76.4 (68.2)</td>
<td>1.12</td>
<td>1 (2)</td>
<td>122.4 (68.9)</td>
<td>1.77</td>
<td>2 (2)</td>
</tr>
<tr>
<td>Colon and rectum</td>
<td>3 (3)</td>
<td>57.5 (42.3)</td>
<td>1.36</td>
<td>3 (3)</td>
<td>71.7 (43.0)</td>
<td>1.67</td>
<td>3 (3)</td>
</tr>
<tr>
<td>Kidney and renal pelvis</td>
<td>4 (7)</td>
<td>35.7 (21.5)</td>
<td>1.66</td>
<td>4 (7)</td>
<td>46.4 (21.7)</td>
<td>2.14</td>
<td>4 (6)</td>
</tr>
<tr>
<td>Liver and intrahepatic bile duct</td>
<td>5 (11)</td>
<td>22.9 (80.0)</td>
<td>2.30</td>
<td>6 (15)</td>
<td>24.3 (7.7)</td>
<td>3.17</td>
<td>8 (1)</td>
</tr>
<tr>
<td>Urinary bladder</td>
<td>6 (4)</td>
<td>21.3 (39.8)</td>
<td>0.53</td>
<td>5 (4)</td>
<td>24.9 (38.2)</td>
<td>0.65</td>
<td>7 (4)</td>
</tr>
<tr>
<td>Non-Hodgkin lymphoma</td>
<td>7 (6)</td>
<td>18.7 (23.3)</td>
<td>0.80</td>
<td>7 (6)</td>
<td>20.8 (24.1)</td>
<td>0.86</td>
<td>8 (6)</td>
</tr>
<tr>
<td>Oral cavity and pharynx</td>
<td>8 (9)</td>
<td>17.7 (18.4)</td>
<td>0.96</td>
<td>8 (9)</td>
<td>20.0 (17.1)</td>
<td>1.17</td>
<td>6 (8)</td>
</tr>
<tr>
<td>Leukemia</td>
<td>9 (8)</td>
<td>14.4 (18.5)</td>
<td>0.78</td>
<td>9 (8)</td>
<td>16.8 (18.9)</td>
<td>0.89</td>
<td>11 (9)</td>
</tr>
<tr>
<td>Pancreas</td>
<td>10 (10)</td>
<td>141.4 (14.1)</td>
<td>1.00</td>
<td>11 (10)</td>
<td>141.3 (13.9)</td>
<td>1.01</td>
<td>10 (10)</td>
</tr>
<tr>
<td>Stomach</td>
<td>11 (15)</td>
<td>13.9 (7.6)</td>
<td>1.83</td>
<td>10 (14)</td>
<td>15.4 (7.8)</td>
<td>1.97</td>
<td>4 (14)</td>
</tr>
<tr>
<td>Melanoma of the skin</td>
<td>12 (5)</td>
<td>10.0 (34.1)</td>
<td>0.29</td>
<td>15 (5)</td>
<td>8.7 (27.1)</td>
<td>0.32</td>
<td>18 (7)</td>
</tr>
<tr>
<td>Myeloma</td>
<td>13 (16)</td>
<td>8.6 (7.2)</td>
<td>1.20</td>
<td>14 (13)</td>
<td>10.4 (7.8)</td>
<td>1.34</td>
<td>17 (16)</td>
</tr>
<tr>
<td>Esophagus</td>
<td>14 (13)</td>
<td>8.1 (8.4)</td>
<td>0.96</td>
<td>15 (11)</td>
<td>10.9 (8.9)</td>
<td>1.23</td>
<td>12 (12)</td>
</tr>
<tr>
<td>Testis</td>
<td>15 (17)</td>
<td>6.9 (7.0)</td>
<td>0.98</td>
<td>16 (9)</td>
<td>7.4 (7.5)</td>
<td>1.01</td>
<td>15 (15)</td>
</tr>
</tbody>
</table>


Percent regional coverage of AI/AN in PRCDA counties to AI/AN in all counties: Northern Plains = 54.2%; Alaska = 100%; Southern Plains = 56.5%; Southwest = 83.8%; Pacific Coast = 60.2%; East = 16.4%; Total USA = 53.0%.

Source: Cancer registries in the Centers for Disease Control and Prevention’s NPCR and/or the SEER program.

Abbreviation: W, non-Hispanic white.

1AI/AN rate is reported by NPCR and SEER registries or through linkage with the IHS patient registration database. Includes only AI/AN of non-Hispanic origin.
2Rank based on rates, AI/AN (white).
3Rates are per 100,000 persons and are age-adjusted to the 2000 U.S. standard population (19 age groups - Census P25-1130).
4RRs are AI/AN versus white and are calculated in SEER Stat prior to rounding of rates and may not equal RR calculated from rates presented in the table.
5Indicates RR is statistically significant (P < 0.05).
<table>
<thead>
<tr>
<th>Site</th>
<th>Overall</th>
<th>Northern Plains</th>
<th>Alaska</th>
<th>Southern Plains</th>
<th>Pacific Coast</th>
<th>East</th>
<th>Southwest</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Rank²</td>
<td>Rank²</td>
<td>Rank²</td>
<td>Rank²</td>
<td>Rank²</td>
<td>Rank²</td>
<td>Rank²</td>
</tr>
<tr>
<td></td>
<td>AI/AN</td>
<td>(W)</td>
<td>AI/AN</td>
<td>AI/AN</td>
<td>AI/AN</td>
<td>AI/AN</td>
<td>AI/AN</td>
</tr>
<tr>
<td></td>
<td>rate²</td>
<td>RR²</td>
<td>rate²</td>
<td>RR²</td>
<td>rate²</td>
<td>RR²</td>
<td>RR²</td>
</tr>
</tbody>
</table>

**Table 2.** Leading cancer sites for American Indians/Alaska Natives<sup>a</sup> compared with non-Hispanic whites for the United States, females, all ages, PRDCA counties, USA, 2010 to 2015

- **NOTE:** Years of data and registries used 1999–2015 (48 states): AK, AL, AZ, CA, CO, CT, DE, DC, FL, GA, HI, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MT, NE, ND, NH, NJ, NM, NV, NY, NC, OH, OK, OR, PA, RI, SC, TN, UT, VT, WA, VA, WI, WV, WY. States with at least one county designated as PRDCA.
- **Abbreviations:** NOS, not otherwise specified; W, non-Hispanic white.
- **AI/AN race is reported by NPCR and SEER registries or through linkage with the IHS patient registration database. Includes only AI/AN of non-Hispanic origin.
- **Rank based on rates. AI/AN (white).**
- **RRs are AI/AN versus white and are calculated in SEER 2015:**
- **P < 0.05.**

<sup>a</sup> AI/AN race is reported by NPCR and SEER registries or through linkage with the IHS patient registration database. Includes only AI/AN of non-Hispanic origin.

<sup>b</sup> Rank based on rates. AI/AN (white).

<sup>c</sup> RRs are per 100,000 persons and are age-adjusted to the 2000 U.S. standard population (19 age groups - Census P25-1100).

<sup>d</sup> RRd are AI/AN versus white and are calculated in SEER 2015: Stat prior to rounding of rates and may not equal RRs calculated from rates presented in the table.

<sup>e</sup> Indicates RR is statistically significant (P < 0.05).
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incidence rates were significantly higher among AI/ANs than whites in 4 of the 6 regions (RRs = 1.18–2.44), the exceptions being the East (RR = 0.90) and the Southwest (RR = 1.10). Kidney cancer rates (RRs = 1.31–2.14) were significantly higher in the AI/AN population in 4 of 6 regions, the exceptions being Alaska (RR = 1.28) and the East (RR = 0.81). Liver cancer rates (RRs = 1.67–3.17) were significantly higher in the AI/AN versus white population across all regions. Rates of stomach cancer in AI/AN exceeded those of whites in all regions, though elevated RRs in the Pacific Coast and East regions did not achieve statistical significance. Nationwide, cancers of the prostate (RR = 0.82), bladder (RR = 0.53), non-Hodgkin lymphomas (RR = 0.80), leukemias (RR = 0.78), and melanomas of the skin (RR = 0.29) were significantly lower in the overall AI/AN population compared with the white population. The latter patterns were also observed in most regions.

In females, breast, lung, colorectal, and uterus were the top 4 cancers for both AI/AN and white populations (Table 2). AI/AN females had significantly higher rates of lung cancer (RR = 1.06), colorectal cancer (RR = 1.37), kidney cancer (RR = 1.85), cervical cancer (RR = 1.69), liver cancer (RR = 3.08), and stomach cancer (RR = 2.29). Incidence rates of kidney cancer (RRs = 1.51–2.21) were significantly higher in AI/ANs than whites in all regions except the East. Rates of colorectal cancer (RR = 1.37–2.87) were higher in AI/ANs than whites in all regions except the East and Southwest. Cervical cancer incidence rates were higher in AI/ANs than whites in all regions but only reached statistical significance in the Northern Plains (RR = 2.04). Alaska (RR = 1.65), Southern Plains (RR = 1.65), and Pacific Coast (RR = 2.19). Liver cancer incidence rates were significantly higher across all regions for AI/AN females, with rates 2 to 4 times higher than the white population. Breast cancer (RR = 0.87), thyroid cancer (RR = 0.80), and leukemias (RR = 0.91) were significantly lower in AI/ANs than whites nationwide, although these patterns varied by region. Rates for melanomas of the skin were significantly lower in the AI/ANs versus whites nationwide (RR = 0.30) and in each of the regions.

Significant decreases in rates for lung, colorectal, prostate, and stomach cancers were documented in both AI/AN and white males during the study period, nationwide (Table 3, Supplementary Table S1; Table 2). The overall decreases in incidence rates were larger for lung and colorectal cancers in the white population compared with the AI/AN population (Fig. 2A; Supplementary Table S2). Significant increases for both kidney (AAPC: 2.4) and liver cancers (AAPC: 3.3) were also observed for AI/AN, and white males. Liver cancer incidence rates increased by 112% in AI/AN males compared with 73% in white males.

A modest, but significant, decrease in lung cancer incidence was observed between 1999 and 2015 in AI/AN females (AAPC: –0.6; Table 3). Significant increases were documented for several cancers in AI/AN females during this time period, including kidney (AAPC: 1.6), liver (AAPC: 4.2), and female breast (AAPC: 0.9; Supplementary Table S1; Table 3). Breast cancer incidence rates increased by 8% for the total time period in AI/AN females, but decreased by 10% in white females (Fig. 2B; Supplementary Table S2). Liver cancer incidence rates increased by 107% for AI/AN females and 47% for white females. Trends in cervical cancer incidence rates have remained stagnant for the AI/AN population (AAPC: 0) but decreased significantly for white females (AAPC: –1.2). There were significant decreases in colorectal cancer incidence rates in white females, with no significant decrease in AI/AN females. Patterns in stomach cancer were similar between AI/AN and white females.

### Discussion

The data described here provide updated information regarding cancer disparities between the AI/AN and white populations (3). Consistent with previous findings, these data indicate substantial regional variation in cancer incidence rates for the AI/AN population (3, 5). This variation could be due to documented regional differences in important cancer risk factors including tobacco and alcohol use, obesity, diet, physical activity, diabetes, infectious diseases such as viral hepatitis C and B (HCV, HBV) and human papillomavirus (HPV), and other environmental, behavioral, or socioeconomic factors that impact cancer risk (3, 13–15).

Breast cancers have the highest incidence rates in both AI/AN and white women. Although overall breast cancer rates were lower in the AI/AN compared with the white population, regional variation in incidence may reflect differences in environmental, behavioral, and reproductive breast cancer risk factors and a need to better understand and address the causes of breast cancer among AI/AN women. In AI/AN women, breast cancer incidence rates have increased significantly in the last 15 years. Some of this increase could be related to increasing rates of screening in the population. According to Government Performance Results Act (GPRA) measures, breast cancer screening has increased for AI/AN women between 2008 and 2016 (16) despite remaining below Healthy People 2020 targets and screening rates for other racial/ethnic subgroups (17).

Despite ongoing public health efforts to reduce smoking behaviors and tobacco use, lung cancer remains the second leading cause of cancer for both the AI/AN and white populations. Overall, AI/AN populations have the highest prevalence of cigarette smoking of any population in the United States (18, 19). There is an important distinction between habitual commercial tobacco use and ceremonial/traditional tobacco use in the AI/AN population that should be considered when interpreting this data (3, 18). Previous studies show that the greatest burden of

<table>
<thead>
<tr>
<th>Table 3. AAPC* for American Indian/Alaska Native Persons compared with non-Hispanic white persons, by sex: PRCDAs counties, United States, 1999 to 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Male</strong></td>
</tr>
<tr>
<td><strong>AI/AN AAPC</strong></td>
</tr>
<tr>
<td>----------------</td>
</tr>
<tr>
<td>Cancer sites</td>
</tr>
<tr>
<td>All sites</td>
</tr>
<tr>
<td>Lung</td>
</tr>
<tr>
<td>Prostate</td>
</tr>
<tr>
<td>Breast</td>
</tr>
<tr>
<td>Kidney</td>
</tr>
<tr>
<td>Liver</td>
</tr>
<tr>
<td>Stomach</td>
</tr>
<tr>
<td>Cervical</td>
</tr>
</tbody>
</table>

**NOTE:** Joinpoint analyses are based on rates per 100,000 persons and were age-adjusted to the 2000 U.S. standard population (11 age groups; census P25-1130); Joinpoint Regression Program, Version 4.0.1. January 2013; Statistical Research and Applications Branch, NCI, Bethesda, MD. Analyses are limited to persons of non-Hispanic origin. AI/AN race is reported through linkage with the Indian Health Service patient registration database.

*AAPC is based on rates that were age-adjusted to the 2000 U.S. standard population (11 age groups, Census P25-1130).

Two-sided P < 0.05.
lung cancer is found in regions with the highest prevalence of commercial tobacco use (18). A new GPRA measure was established in 2006 to track tobacco cessation service delivery among current smokers within the IHS and tribal programs. Although this measure has progressively improved each year, from the baseline of 12% in 2006 to over 50% in 2016 (16), expanding tobacco control strategies remains an important aspect of cancer prevention in the AI/AN population.

Colorectal cancer incidence remained significantly higher in the AI/AN compared with white population. This excess risk could be related to a variety of factors such as lack of endoscopic services for screening and follow-up at most IHS and tribal facilities and underfunded referral systems (20). Fecal occult blood testing is the primary colorectal cancer screening modality within IHS facilities, and unlike endoscopic screening, this modality does not involve removal of precancerous polyps (15, 20). The data also show regional disparities within the AI/AN population, with a higher burden of colorectal cancer for the AI/AN population in areas such as Alaska and the Northern Plains, where the incidence rates are nearly 2 times higher than other regions such as the Southwest. Some of this regional variation within the AI/AN population could be due to differences in diet, specifically differences in intake of animal fats and fruits and vegetables (14) and consumption of sugar-sweetened beverages that contribute to obesity. Other risk factors that might explain differences in cancer incidence include alcohol use and tobacco smoking (21). In addition to these behavioral risk factors diabetes, access to care (15) and even variations in the gut microbiome can potentially impact cancer risk (13). Although we observed a modest decrease in rates of colorectal cancer for AI/AN males, the decrease was much smaller in AI/AN females. Continued efforts to promote colorectal cancer screening and reduce known risk factors are critical for improving these trends over time.

Incidence rates of liver, kidney, and stomach cancer were higher in the AI/AN compared with white population across most regions and these increases are consistent with previous findings (2, 22, 23). Liver cancer incidence rates for the AI/AN population between 1999 and 2009 were described in a recent publication (22). This study confirms increasing liver cancer incidence for AI/ANs as well as whites, with little change observed in disparities between the 2 populations. Increases in HCV and obesity prevalence may be contributing to the rapid increase in liver cancer incidence rates across the United States, in particular for the AI/AN population, despite the dramatic decreases observed in childhood liver cancers following the advent of the hepatitis B vaccine (24).

This study suggests higher incidence rates of kidney cancer for the AI/AN compared with white populations, and confirms the increase in incidence rates through 2009. Our data show a nonsignificant decrease in kidney cancer rates in more recent years. Previous analyses reported that rates of kidney cancer in the AI/AN population had exceeded those in the white population (23, 25). This study suggests that while overall rates might be decreasing, the disparities between the AI/AN and white population are growing for this cancer. Only a few personal risk factors for kidney cancer are known, including obesity, smoking, and hypertension (21, 23). These factors are unlikely to fully explain the observed variation in kidney cancer incidence rates for the AI/AN population. Therefore, increased efforts to understand and mitigate the impact of other risk factors, including occupational exposures, access to care, and socioeconomic status should also be made to reduce disparities in kidney cancer incidence rates in this population.

Although the burden of gastric cancer is low in the U.S. overall, this study highlights a disproportionate burden of gastric cancer in the AI/AN population, particularly in the Southwest and Alaska. The evidence of a causal link between Helicobacter pylori infection and gastric cancer has provided an important understanding of variation in gastric cancer incidence rates worldwide (26, 27). Most data regarding *H. pylori* prevalence in the AI/AN population focuses on Alaska Natives (AN) where the burden of *H. pylori* infection is particularly high (prevalence ranging from 64% to 81%; ref. 28). Therefore, further efforts are
necessary to understand the factors driving the disproportionate burden of gastric cancer in the American Indian population.

Cancer control programs promote cancer awareness, prevention, and surveillance activities in the AI/AN population. At the national level, the IHS continues to provide direct clinical and preventive services through its network of direct services clinics as well as through IHS funded self-governance tribal health facilities. The CDC National Breast and Cervical Cancer Early Detection Program (NBCCEDP) has provided breast cancer screening for underserved populations since 1991. In 2011 to 2012, nearly 33% of eligible AI/AN women were screened via NBCCEDP (compared to 8.7%–12.2% for other races/ethnicities; ref. 29). In addition to these efforts, the National Center for Chronic Disease Prevention and Health Promotion’s “Good Health and Wellness in Indian Country” aims to reduce prevalence of chronic diseases and their risk factors. These risk factors also play an important role in cancer prevention (23).

The CDC’s Division of Cancer Prevention and Control (DCPC) also supported projects in Alaska, Minnesota, and Arizona to increase colorectal cancer screening in the AI/AN population. Collaboration between CDC and the Alaska Native Tribal Health Consortium (ANTHC) has aided in the development and implementation of screening navigator services focused on high-risk individuals (30). The American Indian Cancer Foundation has also collaborated with the CDC/DCPC to determine the colorectal cancer screening capacity in health care facilities serving the Northern Plains (31). In the Southwest, the Albuquerque Area Indian Health Board collaborated with the CDC to develop a Tribal colorectal cancer health program in which Community Health Representatives (CHR) aided in development of patient education resources to increase awareness regarding colorectal cancer screening (32). All of these efforts have been initiated to address AI/AN populations at high risk for colorectal cancer. This study shows evidence of decreasing trends in colorectal cancer for the AI/AN population overall, more so for males. These data suggest that targeted efforts at screening may be contributing to reduced colorectal cancer incidence rates for this population.

Recent efforts have also been initiated to reduce rates of liver cancer in the AI/AN population. The Cherokee Nation Health Services (CNHS) implemented a tribal HCV testing policy in 2012 (33). As a part of this policy, the CNHS has added a reminder in the electronic health record for clinical decision support for primary care physicians. Between the years 2012 and 2015, there was a nearly 14% increase in the number of eligible individuals receiving HCV screening and 90% of the individuals subsequently treated after HCV diagnosis achieved a cure (33). Active collaborations between IHS and Project ECHO (Extension for Community Healthcare Outcomes), established in March of 2013, have improved HCV-related care for the AI/AN population (34). Project ECHO implements teleconsulting and telementoring partnerships between specialists and providers in rural and underserved communities (35). This study indicates an increasing burden of liver cancer for the AI/AN population overall. Although the targeted programs described here have made great improvements in access to care and preventive services, specifically in relation to viral hepatitis, this study indicates that broader intervention and prevention strategies are still needed to address disparities in liver cancer incidence and risk factors in the AI/AN population.

This study has limitations. Efforts to reduce racial misclassification through linkage with the IHS patient registration database only addressed misclassification for those individuals who had accessed services through the Indian Health System. Therefore, racial misclassification for members of non-federally recognized tribes or individuals that have not previously accessed services through IHS remained unchanged. Individuals living in urban, non-PRCDA areas are underrepresented in these data and therefore these results may not be generalizable to all AI/AN in the United States or in individual IHS regions. There is also heterogeneity within the AI/AN population that may be masked by analyses conducted on a regional level. However, more granular data are not available for analyses. The restriction of the analyses to non-Hispanic AI/ANs was due to difficulties in obtaining accurate population estimates. Although this exclusion reduced the overall AI/AN incidence rates by less than 5%, this exclusion may disproportionally impact rates for some states and regions.

This update on cancer incidence rates and trends broadens existing knowledge regarding cancer burden in the AI/AN population. Although many of the findings are consistent with previous reports (3), the present analyses highlight growing disparities and excess burden for certain cancers such as kidney (23, 25) and liver (22) cancer. Regional variation, growing racial disparities, and changes in cancer incidence trends over time, reflect potentially missed opportunities to address environmental and socioeconomic determinants of cancer risk in AI/AN communities.

Persistent disparities in cancer incidence for this population suggest that efforts to develop targeted interventions to reduce the burden of preventable and/or treatable disease need to be continued and expanded. A comprehensive approach would address the many factors that contribute to health disparities, including historical trauma and the social determinants of health. Culturally congruent, community-based interventions are necessary to support healthy behaviors such as reduced consumption of recreational tobacco products, alcohol, and sweetened beverages and increased physical activity. Strategies to decrease exposures to known carcinogens and increase access to preventive health services, healthcare utilization and chronic disease management, and cancer screening can help reduce cancer disparities in the AI/AN population.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

Disclaimer

The findings and conclusions in this report are those of the authors and do not necessarily reflect the official position of the Centers for Disease Control and Prevention.

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