Serum Fatty Acid Synthase as a Marker of Pancreatic Neoplasia

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Abstract

Markers of early pancreatic cancer and its precursors are needed to improve the uniformly poor prognosis of this disease. Fatty acid synthase (FAS) catalyzes the synthesis of long-chain fatty acids and is overexpressed in most human solid tumors. We therefore evaluated serum FAS as a marker of pancreatic adenocarcinoma. FAS expression patterns in primary pancreatic adenocarcinomas, intraductal papillary mucinous neoplasms (IPMN), and chronic pancreatitis tissues were analyzed by immunohistochemistry. Serum FAS levels were determined by ELISA in 102 patients with pancreatic adenocarcinomas, in 42 patients with IPMNs, in 27 patients with chronic pancreatitis, and in 39 healthy control subjects. FAS protein was overexpressed in the ductal epithelium of 343 of 399 primary pancreatic adenocarcinomas (86.0%) and 28 of 30 IPMNs (93.3%), and in the islet and ductal cells in 3 of 54 chronic pancreatitis tissues (5.6%), whereas normal ductal epithelium lacked FAS expression. Serum FAS levels were significantly higher in patients with pancreatic ductal adenocarcinoma (first quartile median, 21.8; 4.8 ng/mL) than in healthy controls (0; 0 ng/mL). FAS levels declined postoperatively in 8 of 9 patients with pancreatic adenocarcinoma and elevations of their preoperative serum FAS. In conclusion, serum FAS levels are elevated in patients with pancreatic cancer and IPMNs and are associated with neoplastic overexpression of FAS. (Cancer Epidemiol Biomarkers Prev 2009;18(9):2380–5)

Introduction

Pancreatic ductal adenocarcinoma is the 4th leading cause of cancer death and one of the most aggressive of the solid cancers. The late presentation and poor response of pancreatic cancer patients to radiation therapy and conventional chemotherapy contribute to the low overall 5-year survival rate of <4% (1-3). Prognosis is greatly improved when patients are diagnosed at an early, operable disease stage. Identification of sensitive and specific biomarkers could likely facilitate early detection and improve outcome in these patients. The early detection of pancreatic cancer is difficult because patients generally present at an advanced disease stage. The identification of patients with an increased risk such as individuals with a family history of the disease (4-8), patients in whom pancreatic cysts are discovered incidentally (9), and possibly patients with other risk factors such as new-onset diabetes (10), may lead to a higher rate of detection of early pancreatic cancer and its precursors if effective early detection strategies are applied to these at-risk populations. Indeed, recent studies have shown that screening using pancreatic imaging tests such as endoscopic ultrasound can identify asymptomatic pancreatic neoplasms in patients with a strong family history of pancreatic cancer and other inherited predisposition syndromes (11, 12). The identification of effective molecular markers of pancreatic neoplasia could improve the early detection of this disease (13). Several new candidate markers have been described in recent years and have been evaluated in pancreatic secretions to detect local pancreatic neoplasia (14), and in serum (15), but more accurate markers are needed if they are going to be used to improve the early detection of pancreatic neoplasia.

Fatty acid synthase (FAS), a metabolic enzyme that catalyzes the synthesis of long-chain fatty acids, is expressed at high levels in a variety of human cancers, including cancer of the breast (16, 17), prostate (18, 19), endometrium (20), ovary (21), colon (22), lung (23, 24), and pancreas (25). Although the mechanism of FAS overexpression is unknown, it seems to be up-regulated during the early stages of tumorigenesis (22, 26-29). This differential expression between normal and neoplastic tissues makes FAS a potential diagnostic tumor marker.

In addition to being overexpressed in malignant tissues, increased FAS levels can also be detected in the circulation in cancer patients (30, 31). A study measuring FAS expression by ELISA in the circulation of 22 breast cancer patients found significantly elevated FAS levels in sera from patients with different clinical stages of breast cancer than in healthy control subjects (31). Tumor expression of FAS is also a useful prognostic indicator in some cancer types, including prostate (18, 32) and breast carcinomas (17), and is linked to proliferation and tumor grade in endometrial carcinomas (20).
Although FAS is found to be overexpressed in many solid tumors, its role in pancreatic cancer has not been extensively evaluated. We evaluated FAS as a marker of pancreatic cancer by using an ELISA to measure FAS levels in the serum of patients with pancreatic cancer, patients with other pancreatic neoplasms, and in normal pancreas disease control subjects. We also analyzed FAS protein expression in primary pancreatic adenocarcinomas by immunohistochemistry.

Materials and Methods

Serum and Tissue Samples. A total of 171 serum samples were analyzed. Fasting preoperative serum samples numbering 127 in total were obtained from patients undergoing pancreaticoduodenectomy at the Johns Hopkins Medical Institutions, including 102 patients with pancreatic adenocarcinoma, 27 with chronic pancreatitis, and 42 with intraductal papillary mucinous neoplasms (IPMNs). Postoperative serum samples were obtained from 11 of the patients with pancreatic adenocarcinoma. Postoperative samples were obtained during the patient's hospitalization. An additional 44 serum samples were obtained from disease controls enrolled in the Cancer of the Pancreas Screening Study 2 (CAPS 2). These disease controls were patients undergoing evaluation of their pancreas for known suspected pancreatic disease. Of the 44 CAPS serum samples analyzed, 3 patients had IPMN, 18 had chronic pancreatitis, and 23 had pancreatic cancer. Serum samples from 39 healthy control individuals were also obtained from the Johns Hopkins Bayview Medical Center General Clinical Research Center. The mean age of the patient group was 66.5 years (range, 47-87 years) and 43.5 years for the healthy control group (range, 21-62 years). All of the samples were collected with approval from the Johns Hopkins Committee for Clinical Investigation.

FAS ELISA. A total of 100 μL of serum were analyzed with a commercially available ELISA kit, FAS-detect ELISA (FASgen), according to the manufacturer’s recommendations.

Briefly, sera were incubated in a 96-well capture plate on a plate shaker for 90 min at room temperature. The plate was then washed five times with wash buffer. FAS enzyme conjugate was added and the plate was incubated for 60 min, and the wash was repeated. Serum FAS levels were visualized by color change upon addition of tetramethylbenzidine substrate followed by addition of substrate stop solution. Absorbance values were read at 450 nm using a SpectraMax spectrophotometer. FAS concentrations were determined by interpolation from the standard curve.

Pancreatic Adenocarcinoma Tissue Microarrays and FAS Immunohistochemistry. The expression of FAS protein was examined utilizing immunohistochemical labeling of formalin-fixed, paraffin-embedded tissue microarrays using a DAKO Autostainer (DAKO). Thirteen tissue microarrays containing a total of 483 different surgically resected pancreatic ductal adenocarcinomas, IPMNs, and chronic pancreatitis tissues were constructed as previously described (33). Sections were deparaffinized in xylene, hydrated in graded ethanol concentrations, and boiled for 20 min in epitope retrieval buffer. Immunostaining was then done on the DAKO Autostainer using a mouse monoclonal antihuman FAS antibody, FAS-detect IHC (kindly provided by FASgen, Inc.) at a 1:1,000 dilution for an incubation time of 60 min. Labeling was done according to the manufacturer’s protocol using the Envision Plus Detection Kit (DAKO). Nuclei were counterstained with hematoxylin. The relative intensity of labeling (from 0 to 2+) was scored by two observers at a multiheded microscope. The relative intensity of labeling of the nonneoplastic stroma was evaluated as was the relative intensity of labeling of the neoplastic cells. A score of 0 was assigned if there was no appreciable labeling. In the statistical analyses, labeling was considered positive if the cells labeled at an intensity of 1 or 2+. Labeling of 0 was considered negative.

Results

FAS Serum Levels. Serum FAS levels were analyzed in patients from the following subgroups: pancreatic ductal adenocarcinoma, IPMN, chronic pancreatitis, and normal pancreas healthy controls. The median and first quartile FAS level in patients with pancreatic ductal adenocarcinoma were 22.0 and 4.5 ng/mL; for patients with IPMN, 20.7 and 9.4 ng/mL; for patients with chronic pancreatitis, 31.1 and 11.9 ng/mL; and for healthy controls, 0 and 0 ng/mL (Fig. 1). FAS levels were significantly higher in patients with pancreatic cancer than in healthy controls (P < 0.05, Student’s t test). FAS levels were also significantly higher in patients with an IPMN or with chronic pancreatitis than in healthy controls. There was no relationship between FAS levels and age or gender. The distribution of FAS levels in healthy controls was skewed with the majority of individuals having an undetectable level.

Diagnostic Accuracy of Serum FAS in Pancreatic Cancer Patients. To determine the sensitivity of elevated serum FAS as a diagnostic test for pancreatic cancer, we designated 14.7 ng/mL, a level 2 SDs above the mean FAS level in the healthy control group, as a cutoff. Using this level, we found that 60 of 102 patients with pancreatic adenocarcinoma had an elevated FAS level (sensitivity,
58.8%) and 47 of 66 healthy control patients did not have an elevated FAS level (specificity, 71.2%).

To determine if elevated FAS serum levels in pancreatic cancer patients could be directly attributed to elevated FAS within the patient's tumor, we compared FAS levels in 11 preoperative serum samples to corresponding postoperative serum samples from patients undergoing a Whipple resection for pancreatic cancer. We found that of 11 patients with paired preoperative and postoperative samples, 8 of 9 patients (88.9%) had a reduced FAS level in their postoperative serum compared with their preoperative serum, 2 patients had undetectable FAS before and after surgery, and 1 patient had an elevation after surgery. In this patient the post op sample was drawn ~3 months after surgery, raising the possibility that tumor recurrence had begun (Fig. 2).

**FAS Immunohistochemistry.** FAS tissue expression was investigated by immunohistochemistry on paraffin-embedded, formalin-fixed, surgically resected pancreatic adenocarcinoma, IPMN, and chronic pancreatitis tissues. A strong FAS signal detected in normal adipocytes within the pancreas served as an internal positive control (Fig. 3A). No FAS-specific labeling was seen in stromal cells or in normal pancreatic ductal cells (Fig. 3B). Labeling when present was seen diffusely in the pancreatic adenocarcinomas and IPMNs. A positive cytoplasmic FAS signal was detected in the ductal cells of 28 of 30 (93.3%) IPMNs (Fig. 3C). Of these, 11 (36.7%) exhibited weak immunohistochemical labeling and 17 (56.7%) exhibited strong immunohistochemical labeling. FAS tissue expression in IPMN tumors correlated with histologic grade ($P = 0.001$; Table 1) and with the presence of an associated invasive cancer ($P = 0.001$; Table 1). FAS labeling was also detected in the ductal cells of 343 of 399 (86.0%) primary pancreatic adenocarcinomas (Fig. 3D). Of these cases, 238 (59.6%) exhibited weak positive immunohistochemical labeling and 105 (26.3%) exhibited strong positive immunohistochemical labeling. We found that FAS tissue expression in pancreatic cancers correlated with vascular invasion ($P = 0.002$) but did not correlate with histologic grade (Table 2). Weak positive FAS labeling was observed in the islet and ductal cells in 3 of 54 (5.6%) chronic pancreatitis tissues (data not shown). Interestingly, there was no correlation between FAS levels in the circulation and intensity of labeling of the patients' associated neoplasm (Table 3).

We also examined FAS expression in microdissected pancreatic tissues and in pancreatic cancer cell lines. Previously generated serial analysis of gene expression analysis (35) revealed that the mean FAS RNA expression level in microdissected pancreatic cancer cell lines ($n = 24$) was 2.6-fold higher than in microdissected normal pancreatic ductal cells ($n = 2$). The normal pancreatic ductal cell line HPDE (34) expressed a slightly higher FAS level than microdissected normal ductal cells. Western blot analysis of FAS protein expression in six pancreatic cancer cell lines and HPDE cells was consistent with the serial analysis of gene expression data, in which FAS expression...
in cancer cell lines was variable, and expression in HPDE cells was comparable with that in the moderately expressing cell lines. The pancreatic cancer cell line Panc1 strongly overexpressed FAS protein (Fig. 4).

Discussion

Markers for early detection of pancreatic cancer are urgently needed to improve the prognosis in patients with this highly aggressive disease. Development of a noninvasive diagnostic test could facilitate screening of high-risk individuals, such as those with a family history of pancreatic cancer. Identification of serum protein markers of pancreatic cancer could help provide such a noninvasive diagnostic screening tool.

This study found that elevated FAS protein levels could be detected in the serum of patients with pancreatic cancer and patients with precancerous lesions of the pancreas.

FAS protein overexpression was localized to neoplastic cells in the pancreas and its overexpression was found in early lesions as well as invasive cancers. These findings agree with previous reports in other cancer types suggesting that FAS up-regulation occurs early in tumorigenesis (16, 19, 27-29) and suggest that serum FAS could aid in the early detection of pancreatic cancer. FAS was similarly elevated in pancreatic cancer patients, patients with IPMNs, and patients with chronic pancreatitis compared with healthy controls, suggesting that FAS detection cannot be used for distinguishing pancreatic cancer from patients with other pancreatic diseases. However, it is possible that serum FAS levels could be helpful in identifying and following patients with IPMNs. Indeed, FAS tissue expression in IPMN tumors correlated with histologic grade ($P = 0.001$) and with the presence of an associated invasive cancer ($P = 0.001$; Table 1).

The elevated serum FAS levels in pancreatic cancer and IPMN patients were supported by immunohistochemistry.

Table 1. FAS immunohistochemical expression in intraductal papillary mucinous neoplasm

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*Significant at the level of <0.05.
data, which revealed FAS overexpression in the majority of tumors (86.0% and 93.3%, respectively) we examined. Although serum FAS levels were elevated in the majority of chronic pancreatitis patients we examined, only 5.6% of cases were found to overexpress FAS in regions of pancreatitis by immunohistochemistry. Pancreatic adipocytes were often not present in the chronic pancreatitis cores, but when adipocytes were included in the tissue cores they uniformly expressed FAS, suggesting that such an analysis may not have been helpful. One explanation for the increase in serum FAS in pancreatitis patients in the absence of overexpression in pancreatitis tissues is that the inflammatory process associated with chronic pancreatitis caused necrosis of surrounding pancreatic adipocytes, releasing FAS into the circulation. If so, the amount of pancreatic fat could also influence circulating FAS levels.

We found that serum FAS levels decreased in 8 of 9 of pancreatic cancer patients following surgical resection of their tumor. In five of these patients the FAS level was undetectable in postoperative serum. These results suggest that the tumor was the primary source of circulating FAS in these patients.

One obstacle to the use of FAS as a serum marker of pancreatic cancer is that FAS is expressed in normal adipocytes and therefore patients may have elevated serum FAS levels in the absence of pancreatic disease. For example, FAS gene expression and FAS protein activity are increased by insulin, and FAS gene expression is elevated in adipocytes in patients with type 2 diabetes (36, 37). FAS is also elevated in an experimental model of renal failure (38, 39) and is overexpressed in hepatocytes in animal models of nonalcoholic steatohepatitis (40, 41). However, adipocyte FAS expression alone does not seem to be sufficient to contribute to circulating FAS levels. Although FAS alone cannot be used to accurately diagnose pancreatic cancer (sensitivity, 58.8%; specificity, 71.2%), it may improve diagnostic utility when used in combination with other markers.

Our immunohistochemistry data support a role for FAS up-regulation in highly proliferative cells. FAS overexpression was localized to neoplastic ductal cells in pancreatic cancers and IPMNs, whereas FAS was overexpressed in ductal and islet cells in a small percentage of chronic pancreatitis cases examined. Although the mechanisms of FAS up-regulation in cancer are not completely understood, it is thought that FAS is overexpressed in rapidly proliferating and hyperplastic cells due to their increased energy requirement and increased need for lipid synthesis. Others have reported FAS overexpression in nonmalignant, highly proliferative lesions as well as malignant tissues (17, 18, 27, 42, 43). FAS overexpression is also correlated with the proliferation marker Ki-67 in many cancers including pancreatic cancer (25) and endometrial carcinoma (20). FAS overexpression in pancreatic cancer is also associated with higher histologic grade and overall survival (25), and further studies will help determine the

<table>
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<tr>
<td>Present</td>
<td>258</td>
<td>97</td>
<td>355</td>
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*Evaluation for vascular invasion was available 364 of 385 patients.

†Significant at the level of <0.05.

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**Figure 4.** Western blot analysis of FAS protein levels in pancreatic cancer cell lines and immortalized normal pancreas controls.
utility of FAS as a prognostic predictor in patients. We found that FAS tissue expression in pancreatic cancers correlated with vascular invasion ($P = 0.002$) but did not correlate with histologic grade (Table 2).

Serum FAS has potential as a noninvasive diagnostic marker of pancreatic disease. Further studies are needed to validate the utility of FAS as an early detection marker of pancreatic cancer, but its overexpression in precursors of pancreatic cancer such as IPMN lesions and chronic pancreatitis suggest that it could potentially be used in conjunction with other markers to follow patients at high risk of pancreatic disease.

**Disclosure of Potential Conflicts of Interest**

S. Medghalchi: Employment and ownership interest, FASgen, Inc. F. Kuhajda: Ownership interest, FASgen, Inc.

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**References**

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