Effects of Tea on Preneoplastic Lesions and Cell Cycle Regulators in Rat Liver

Xudong Jia, Chi Han, and Junshi Chen
Institute of Nutrition and Food Hygiene, Chinese Academy of Preventive Medicine, Beijing, 100050, China

Abstract
The effects of tea polyphenols and tea pigments on rat liver precancerous lesions and some cell cycle regulators were studied. A modified Solt-Farber model in rats was established by multiple low-dosage of N-nitrosodiethylamine (NDEA) i.p. injections, followed by i.p. CCl₄ injection and partial hepatectomy. Sixty male Wistar rats were randomly divided into four groups: positive control group, two tea-treated groups, and negative control group. Rats in tea-treated groups were given tea polyphenols (0.1%) and tea pigments (0.1%) in drinking fluid during the whole experiment. The number and area of glutathione S-transferase P (GST-P)-positive foci in the rat liver were used as biomarkers of precancerous liver lesions. Western blotting assay was carried out to detect the expression of cyclin D1, CDK4, and P21WAF1/CIP1 on whole liver extract. At the end of the experiment (56 days), the number and area of GST-P-positive foci in the positive control group, whereas no GST-P-positive foci were found in the negative control group in which animals did not receive carcinogen exposure. The number and area of GST-P-positive foci in the treated group were significantly reduced as compared with the positive control group. It was also found that the expression of P21WAF1/CIP1 was significantly induced and the expression of cyclin D1 and CDK4 was significantly inhibited in tea-treated groups. These results suggest that tea polyphenols and tea pigments are effective in preventing the precancerous liver lesions in rats, and modulation of cell cycle by regulating cell cycle regulators may be a possible mechanism.

Introduction
Tea is one of the most popular beverages consumed in the world. The two major types of tea consumed are black tea and green tea. Green tea is predominant in China, Japan, and a few countries in North Africa and the Middle East, and it is rich in polyphenols such as EGCG², (-)-epicatechin, (-)-epicatechin gallate, and epigallocatechin. Black tea is consumed mainly in western countries. The main ingredients of black tea are tea pigments such as theaflavins and thearubigins. The anticarcinogenic and antimutagenic properties of tea were first demonstrated a decade ago (1, 2). Since then, tea polyphenols and tea pigments have been shown in a number of animal models to prevent against chemically-induced carcinogenesis in lung, forestomach, esophagus, duodenum, pancreas, breast, colon, and liver (3–5). Although not conclusive, epidemiology studies have suggested a protective effect of tea consumption against human cancers (6, 7).

Altered hepatocellular foci, a specific enzymatic phenotype, is considered a preneoplastic lesion during chemically-induced rat hepatocarcinogenesis (8). Immunohistochemical identification of GST-P was the most widely used method for detection (9, 10). GST-P-positive foci was recognized a reliable and sensitive marker, and it has been widely used in the short term or midterm assay for carcinogen screening and chemoprevention studies on cancer (11, 12).

The eukaryotic cell cycle is regulated by signal transduction pathways mediated by a series of cell cycle regulators. Cyclins are positive regulators of cell cycle progression. They function by forming a complex with and activating CDKs. CDK inhibitors are negative regulators of the cell cycle. They bind to and inhibit the activity of cyclin-CDK complexes (13–15).

Yamane et al. (16) demonstrated that 0.01% and 0.1% green tea polyphenols inhibited the development of azoxymethane-induced colon carcinogenesis. Tamura et al. (17) also found that 0.01% and 0.1% green tea extract decreased the number of GST-P-positive foci. Therefore, in the present study, we used a modified Solt-Farber model to examine the effect of 0.1% tea polyphenols and 0.1% tea pigments on GST-P-positive foci; and at the same time, to explore related mechanisms.

Materials and Methods
Materials. Tea polyphenols and tea pigments were provided by the Institute of Tea Science and Research, Chinese Academy of Agricultural Sciences (Hangzhou, China). The purity of tea polyphenols was 40%, and it is composed mainly of polyphenolic compounds; EGCG (13%), (-)-epicatechin (3%), (-)-epicatechin gallate (6%), and epigallocatechin (9%). The residues of these tea polyphenols includes caffeine, sugars, amino acids, and moisture. Tea pigments are the oxidative products of 40% tea polyphenols, which are primarily composed of theaflavins (2%) and thearubigins. NDEA was obtained from Sigma Chemical Co. The rabbit antirat GST-P polyclonal antibody

Received 3/22/02; revised 9/6/02; accepted 9/12/02.
The costs of publication of this article were defrayed in part by the payment of page charges. This article must therefore be hereby marked advertisement in accordance with 18 U.S.C. Section 1734 solely to indicate this fact.

1 To whom requests for reprints should be addressed, at Institute of Nutrition and Food Hygiene, Chinese Academy of Preventive Medicine, 29 Nanwei Road, Beijing 100050, China. Phone: 86-10-6318-7585; Fax: 86-10-6301-1875; E-mail: jslchen@9577.com.

² The abbreviations used are: EGCG, (-)-epicatechin; GST-P, glutathione S-transferase P-form; CDK, cyclin-dependent kinase; NDEA, N-nitrosodiethylamine.
Tea Inhibits Liver Preneoplastic Lesions

C overnight reduce nonspecific reactions and incubated at 4 °C. SDS-polyacrylamide gels to separate the protein according to

Homogenized in a Polytron with four volumes of PBS, and the protein expression by Western blot assay. Rat liver tissue was

Peroxidase complex for 30 min consecutively. The reactivity was

GST-P Immunohistochemical Assay. Immunohistochemical assay was performed using the avidin-biotin peroxidase complex immunoperoxidase methods (19). Three different sections from each liver were fixed with 10% buffered formalin and then embedded in paraffin blocks. The blocks were cut into 4-μm serial slices and mounted on glass slides. The deparaffinized sections were then incubated with methanol containing 3% H2O2 for 10 min to block the activity of endogenous peroxidases. Then, the slices were treated with normal sheep serum to reduce nonspecific reactions and incubated at 4°C overnight with rabbit antirat GST-P polyclonal antibody and then biotinylated antirabbit secondary antibody and avidin-biotin peroxidase complex for 30 min consecutively. The reactivity was carried out with 0.03% diaminobenzidine and H2O2. The slices without primary antibody treatment were used as the negative control. A focus with more than 10 positive cells was considered a positive focus (20). The area and number of GST-P-positive foci were analyzed by the Image Pro-Plus image system.

Determination of P21WAF1/CIP1, Cyclin D1, and CDK4 (Western blot). Six rats in each group were randomly chosen for the determination of P21WAF1/CIP1, cyclin D1, and CDK4 protein expression by Western blot assay. Rat liver tissue was homogenized in a Polytron with four volumes of PBS, and the homogenate was centrifuged at 9,000 × g for 15 min and then at 105,000 × g for 20 min. The amount of protein in the supernatant was quantified using the method of Lowry et al. (21). Thirty micrograms of protein were subjected to 10% SDS-polyacrylamide gels to separate the protein according to

Table 1. All animals in the NDEA-treated groups developed positive foci in liver slices, whereas no positive foci were found

Effects of Tea Polyphenols on GST-P-positive Foci. The results of GST-P immunohistochemical staining are shown in Table 3. All animals in the NDEA-treated groups developed positive foci in liver slices, whereas no positive foci were found

Fig. 1. Effects of tea treatment on body weight of rats. Body weight was measured once a week. No differences were observed before partial hepatectomy among the four groups. At the eighth week, body weight in the NDEA-treated groups was significantly lower than that of the negative control group (P < 0.05).

Results

Food Intake, Body Weight, and Tea or Water Consumption. There were no significant differences in food intake of each group (Table 1). The body weight growth of rats in each group during the experimental period also showed no differences before partial hepatectomy (Fig. 1). At the eighth week, body weight in NDEA-treated groups was significantly lower as compared with the negative control group (P < 0.05). The amount of tea or water drinking among different groups during the whole experimental period showed no significant differences (Table 2).

Effect of Tea Polyphenols on GST-P-positive Foci. The results of GST-P immunohistochemical staining are shown in Table 3. All animals in the NDEA-treated groups developed positive foci in liver slices, whereas no positive foci were found

was a gift from Dr. Kimihiko Satoh of Hirosaki University School of Medicine in Japan.

Animals and Treatment. Sixty male Wistar rats, 70–90 g body weight, were purchased from the Animal Center of the Chinese Academy of Medical Sciences (Beijing, China) and fed regular chow (no aflatoxins contamination). Rats were randomly divided into four groups, 15 rats in each group. The animals were maintained in a controlled environment at 24 ± 1°C and 50 ± 10% relative humidity with the altering 12:12-hour light-dark cycle. A modified version of the Solt-Farber method (18) was used to generate the liver GST-P-positive foci that indicate precancerous liver lesion. The positive control group was treated as: NDEA (10 mg/kg body weight, i.p.) was given once a day from days 7–12, and 20% CCl4 (0.5 ml/rat, i.p.) was given once a day on days 40 and 41, and finally the rats were subjected to two-thirds hepatectomy under ether anesthesia on day 42. Besides these treatments, the tea-treated groups were treated with 0.1% tea polyphenols or 0.1% tea pigments as drinking fluid during the whole experiment. Rats in the negative control group were injected i.p. with the equal volumes of saline instead of carcinogen. Rats in the positive control group were injected i.p. with the equal volumes of saline and transferred onto nitrocellulose membranes, and each membrane was stained with peroxidase, and the signal was detected using the chemiluminescent detection luminol (Santa Cruz Biotechnology, Santa Cruz, CA). Relative protein level was calculated as the ratio of the optical density of P21WAF1/CIP1, cyclin D1, or CDK4 and that of β-actin.

Statistical Analysis. Statistical analysis of data was performed using the Student’s t test. To obtain a normal distribution, immunohistochemical data were analyzed after square root transformation.

Table 1 Food intake in each group a

<table>
<thead>
<tr>
<th>Group</th>
<th>No. of animals</th>
<th>Weeks 1–2</th>
<th>Weeks 3–4</th>
<th>Weeks 5–6</th>
<th>Weeks 7–8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive control</td>
<td>15</td>
<td>130.6 ± 22.9</td>
<td>147.1 ± 12.3</td>
<td>152.9 ± 11.7</td>
<td>141.6 ± 21.0</td>
</tr>
<tr>
<td>Tea polyphenols</td>
<td>15</td>
<td>119.2 ± 20.7</td>
<td>140.3 ± 19.2</td>
<td>142.3 ± 16.2</td>
<td>134.7 ± 21.6</td>
</tr>
<tr>
<td>Tea pigments</td>
<td>15</td>
<td>117.5 ± 13.7</td>
<td>139.5 ± 12.4</td>
<td>149.5 ± 12.3</td>
<td>131.8 ± 24.0</td>
</tr>
<tr>
<td>Negative control</td>
<td>15</td>
<td>131.7 ± 13.5</td>
<td>149.0 ± 12.5</td>
<td>155.3 ± 13.3</td>
<td>148.2 ± 18.7</td>
</tr>
</tbody>
</table>

a Values are means ± SD.
GST-P-positive foci were significantly decreased in rats treated in the positive control group, whereas the number and area of GST-P-positive foci were greatly increased in the negative control group. The number of GST-P-positive foci was significantly reduced in rats drinking 0.1% tea polyphenols and tea pigments as compared with the positive control group, and the average area of GST-P-positive foci was also significantly reduced in the tea-treated groups.

**Effect of Tea Polyphenols on P21^WAF1/CIP1, Cyclin D1, and CDK4 Protein Expression.** The protein expression level of P21^WAF1/CIP1, cyclin D1, and CDK4 in rat liver cytosol fraction was measured by the Western blot assay (Table 4; Fig. 2). Compared with the positive control group, P21^WAF1/CIP1 protein relative level in rats of tea-treated groups was significantly increased, whereas the relative level of cyclin D1 and CDK4 protein was significantly reduced in tea-treated groups.

### Discussion

The present study examined the effects of tea polyphenols and tea pigments on the development of liver preneoplastic lesions GST-P and some cell cycle regulators in a modified Solt-Farber model, in which GST-P foci can be formed within 8 weeks. Because this process involves multistages of carcinogenesis, it is considered a valuable animal model for chemoprevention studies. In this model, the carcinogen-initiated cells proliferate selectively, simulated by hepatectomy and rapid formation of preneoplastic foci. GST-P-positive foci are recognized as a reliable and sensitive marker of liver carcinogenesis, and it has been widely used in carcinogen screening and chemoprevention studies for liver cancer. GST-P-positive foci are rarely detected in normal rat liver. Thus, GST-P-positive foci were significantly reduced in tea-treated groups.

**Table 2** Water or tea consumption (milliliters)

<table>
<thead>
<tr>
<th>Group</th>
<th>No. of animals</th>
<th>Weeks 1–2</th>
<th>Weeks 3–4</th>
<th>Weeks 5–6</th>
<th>Weeks 7–8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive control</td>
<td>15</td>
<td>21.9 ± 3.30</td>
<td>27.2 ± 2.37</td>
<td>27.5 ± 2.27</td>
<td>29.1 ± 2.28</td>
</tr>
<tr>
<td>Tea polyphenols</td>
<td>15</td>
<td>22.0 ± 3.67</td>
<td>26.0 ± 2.99</td>
<td>26.9 ± 2.44</td>
<td>29.2 ± 2.43</td>
</tr>
<tr>
<td>Tea pigments</td>
<td>15</td>
<td>24.2 ± 4.04</td>
<td>27.9 ± 3.36</td>
<td>28.5 ± 2.10</td>
<td>29.2 ± 1.56</td>
</tr>
<tr>
<td>Negative control</td>
<td>15</td>
<td>23.5 ± 2.87</td>
<td>27.0 ± 2.50</td>
<td>28.5 ± 2.91</td>
<td>29.4 ± 2.31</td>
</tr>
</tbody>
</table>

Values are means ± SD.

**Table 3** Effects of tea on rat liver GST-P-positive foci

<table>
<thead>
<tr>
<th>Group</th>
<th>No. of animals</th>
<th>GST-P-positive foci</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Foci/cm²</td>
</tr>
<tr>
<td>Positive control</td>
<td>10</td>
<td>5.70 ± 2.78</td>
</tr>
<tr>
<td>Tea polyphenols</td>
<td>10</td>
<td>3.10 ± 1.80</td>
</tr>
<tr>
<td>Tea pigments</td>
<td>10</td>
<td>2.70 ± 2.10a</td>
</tr>
<tr>
<td>Negative control</td>
<td>10</td>
<td>0.00</td>
</tr>
</tbody>
</table>

Statistically different from the positive control group, P < 0.01.

In conclusion, our study showed that tea polyphenols and tea pigments significantly reduced the number and area of GST-P-positive foci in their study. Tamura et al. (17) also found that green tea extract reduced the numbers and the size of the GST-P-positive foci in their study. In the present study, we observed an increase of GST-P-positive foci. Western blot analysis showed that tea induced the expression of P21^WAF1/CIP1 and inhibited the expression of cyclin D and CDK4. However, because the whole liver was used in Western blot analysis, the expression of the P21^WAF1/CIP1 protein levels were measured by Western blotting analysis in normal rat liver tissues and preneoplastic lesions. In normal adult animals, hepatocytes are highly differentiated and can remain for a long period in a quiescent G0 state (25). However, hepatocytes have the potential to proliferate after chemical or physical partial hepatectomy (26). Cyclins-CDKs complexes are essential for cell cycle transition. Because the major regulatory events leading to cell proliferation occur in the G1 phase of the cell cycle, altered expression of G1 cyclins and their CDKs may be an important step in oncogenesis (27–30). Studies in human cancer have shown that G1 cyclins and their CDKs are the most consistently altered cell cycle regulatory proteins, and an accumulating body of evidence suggests that deregulated expression of cyclin D1 and CDK4 are associated with malignancy (31). Therefore, inhibition of the expression of cyclin D1 and CDK4 protein may be one way of chemopreventive agents to block the development of carcinogenesis. It has been reported that most cell cycle regulatory proteins, including cyclin D1 and CDK4, are already present in regenerating rat liver cells and related to transcriptional and translational expression (32). In this study, we observed an increase of cyclin D1 and CDK4 protein expression in liver preneoplastic lesions when compared with normal liver tissue, and tea polyphenols and tea pigments treatment significantly inhibited the expression of cyclin D1 and CDK4 proteins as compared with the positive control group. Ahmad et al. (33) studied the cell cycle dysregulation by green tea polyphenol and found that the major green tea polyphenol EGCG inhibited cyclin D1 and CDK4 expression in human epidermoid carcinoma (A431) cells. Our present animal study result confirmed this *in vitro* result.

P21^WAF1/CIP1, one of the CDK inhibitors, selectively inhibits the G1/S cyclin-CDK complexes (34). Because cyclin D1/CDK4 complexes are thought to play a major role in cell cycle progression in early phase, induction of P21^WAF1/CIP1 and consequent inhibition of cyclin D1 and CDK4 may be an important step in the chemoprevention of cancer. Lin et al. (35) demonstrated that EGCG induced the expression of P21^WAF1/CIP1 protein, meanwhile inhibiting the expression of CDK4. Another study also showed that EGCG induced the expression of P21^WAF1/CIP1 and inhibited the expression of cyclin D1 and CDK4 (33). However, all these studies are *in vitro* studies; *in vivo* studies are needed to confirm these results. In the present animal study, we observed the expression of P21^WAF1/CIP1 protein was significantly induced by tea compared with the positive control group. All these studies suggested that regulation of cell cycle regulators may be a possible mechanism of cancer chemoprevention by tea.

In conclusion, our study showed that tea polyphenols and tea pigments significantly reduced the number and area of GST-P-positive foci. Western blot analysis showed that tea induced the expression of P21^WAF1/CIP1 and inhibited the expression of cyclin D and CDK4. However, because the whole liver was used in Western blot analysis, the expression of the protein was significantly reduced in tea-treated groups.
proteins could have come from a specific expression in the GST-P foci or a combination of expression in both the neoplastic cells as well as normal cells. Therefore, it is necessary to do immunohistochemical staining for these proteins to justify the results of the present study. Experiments on this respect will be conducted in our laboratory. Although the mechanisms of this inhibitory effect have not been fully elucidated, our study showed that modulation of cell cycle by regulating cell cycle regulators may be a possible mechanism.

Acknowledgments

We thank Prof. Qikun Chen (Institute of Tea Science, Chinese Academy of Agriculture Science, Hangzhou, China) for providing tea polyphenols and tea pigments and D. Kunihiko Satoh (Hiroaki University School of Medicine, Hirosaki, Japan) for providing GST-P polyclonal antibody.

References


---

Table 4 Effect of tea on cell cycle regulatory proteins level in rat liver with precancerous lesions

<table>
<thead>
<tr>
<th>Group</th>
<th>n</th>
<th>P21 WAF1/CIP1</th>
<th>cyclin D1</th>
<th>CDK4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive control</td>
<td>6</td>
<td>1.87 ± 0.27</td>
<td>2.50 ± 0.76</td>
<td>2.32 ± 0.41</td>
</tr>
<tr>
<td>Tea polyphenols</td>
<td>6</td>
<td>2.76 ± 0.43</td>
<td>1.67 ± 0.50</td>
<td>1.75 ± 0.34</td>
</tr>
<tr>
<td>Tea pigments</td>
<td>6</td>
<td>2.66 ± 0.36</td>
<td>1.61 ± 0.38</td>
<td>1.62 ± 0.25</td>
</tr>
<tr>
<td>Negative control</td>
<td>6</td>
<td>1.07 ± 0.36</td>
<td>0.97 ± 0.42</td>
<td>1.15 ± 0.28</td>
</tr>
</tbody>
</table>

* Relative protein level calculated as the ratio of the optical density of P21 WAF1/CIP1, cyclin D1, or CDK4 and that of β-actin.

Statistically different from the positive control group, p < 0.05.

Statistically different from the positive control group, p < 0.01.
Effects of Tea on Preneoplastic Lesions and Cell Cycle Regulators in Rat Liver

Xudong Jia, Chi Han and Junshi Chen


Updated version
Access the most recent version of this article at:
http://cebp.aacrjournals.org/content/11/12/1663

Cited articles
This article cites 33 articles, 7 of which you can access for free at:
http://cebp.aacrjournals.org/content/11/12/1663.full#ref-list-1

E-mail alerts
Sign up to receive free email-alerts related to this article or journal.

Reprints and Subscriptions
To order reprints of this article or to subscribe to the journal, contact the AACR Publications Department at pubs@aacr.org.

Permissions
To request permission to re-use all or part of this article, contact the AACR Publications Department at permissions@aacr.org.