Effects of Tea on Preneoplastic Lesions and Cell Cycle Regulators in Rat Liver

Xudong Jia, Chi Han, and Junshi Chen
Institute of Nutrition and Food Hygiene, Chinese Academy of Preventive Medicine, Beijing, 100050, China

Abstract
The effects of tea polyphenols and tea pigments on rat liver precancerous lesions and some cell cycle regulators were studied. A modified Solt-Farber model in rats was established by multiple low-dosage of N-nitrosodiethylamine (NDEA) i.p. injections, followed by i.p. CCl₄ injection and partial hepatectomy. Sixty male Wistar rats were randomly divided into four groups: positive control group, two tea-treated groups, and negative control group. Rats in tea-treated groups were given tea polyphenols (0.1%) and tea pigments (0.1%) in drinking fluid during the whole experiment. The number and area of glutathione S-transferase P (GST-P)-positive foci in the rat liver were used as biomarkers of precancerous liver lesions. Western blotting assay was carried out to detect the expression of cyclin D1, CDK4, and P21WAF1/CIP1 on whole liver extract. At the end of the experiment (56 days), the number and area of GST-P-positive foci in liver increased significantly in carcinogen-administered positive control group, whereas no GST-P-positive foci were found in the negative control group in which animals did not receive carcinogen exposure. The number and area of GST-P-positive foci in tea-treated, carcinogen-exposed groups were significantly reduced as compared with the positive control group. It was also found that the expression of P21WAF1/CIP1 was significantly induced and the expression of cyclin D1 and CDK4 was significantly inhibited in tea-treated groups. These results suggest that tea polyphenols and tea pigments are effective in preventing the precancerous liver lesions in rats, and modulation of cell cycle by regulating cell cycle regulators may be a possible mechanism.

Introduction
Tea is one of the most popular beverages consumed in the world. The two major types of tea consumed are black tea and green tea. Green tea is predominant in China, Japan, and a few countries in North Africa and the Middle East, and it is rich in polyphenols such as EGCG², (−)-epicatechin, (−)-epicatechin gallate, and epigallocatechin. Black tea is consumed mainly in western countries. The main ingredients of black tea is tea pigments such as theaflavins and thearubigins. The anticarcinogenic and antimutagic properties of tea were first demonstrated a decade ago (1, 2). Since then, tea polyphenols and tea extract have been shown in a number of animal models to prevent against chemically-induced carcinogenesis in lung, forestomach, esophagus, duodenum, pancreas, breast, colon, and liver (3–5). Although not conclusive, epidemiology studies have suggested a protective effect of tea consumption against human cancers (6, 7).

Altered hepatocellular foci, a specific enzymatic phenotype, is considered a preneoplastic lesion during chemically-induced rat hepatocarcinogenesis (8). Immunohistochemical identification of GST-P was the most widely used method for detection (9, 10). GST-P-positive foci was recognized a reliable and sensitive marker, and it has been widely used in the short term or midterm assay for carcinogen screening and chemoprevention studies on cancer (11, 12).

The eukaryotic cell cycle is regulated by signal transduction pathways mediated by a series of cell cycle regulators. Cyclins are positive regulators of cell cycle progression. They function by forming a complex with and activating CDKs. CDK inhibitors are negative regulators of the cell cycle. They bind to and inhibit the activity of cyclin-CDK complexes (13–15).

Yamane et al. (16) demonstrated that 0.01% and 0.1% green tea polyphenols inhibited the development of azoxymethane-induced colon carcinogenesis. Tamura et al. (17) also found that 0.01% and 0.1% green tea extract decreased the number of GST-P-positive foci. Therefore, in the present study, we used a modified Solt-Farber model to examine the effect of 0.1% tea polyphenols and 0.1% tea pigments on GST-P-positive foci; and at the same time, to explore related mechanisms.

Materials and Methods
Materials. Tea polyphenols and tea pigments were provided by the Institute of Tea Science and Research, Chinese Academy of Agricultural Sciences (Hangzhou, China). The purity of tea polyphenols was 40%, and it is composed mainly of polyphenolic compounds: EGCG (13%), (−)-epicatechin (3%), (−)-epicatechin gallate (6%), and epigallocatechin. The residue of these tea polyphenols includes caffeine, sugars, amino acids, and moisture. Tea pigments are the oxidative products of 40% tea polyphenols, which are primarily composed of theaflavins (2%) and thearubigins. NDEA was obtained from Sigma Chemical Co. The rabbit antirat GST-P polyclonal antibody

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¹To whom requests for reprints should be addressed, at Institute of Nutrition and Food Hygiene, Chinese Academy of Preventive Medicine, 29 Nanwei Road, Beijing 100050, China. Phone: 86-10-6318-7585; Fax: 86-10-6301-1875; E-mail: jshchen@95777.com.

²The abbreviations used are: EGCG, (−)-epicatechin; GST-P, glutathione S-transferase P-form; CDK, cyclin-dependent kinase; NDEA, N-nitrosodiethylamine.
was a gift from Dr. Kimihiko Satoh of Hirosaki University School of Medicine in Japan.

**Animals and Treatment.** Sixty male Wistar rats, 70–90 g body weight, were purchased from the Animal Center of the Chinese Academy of Medical Sciences (Beijing, China) and fed regular chow (no aflatoxins contamination). Rats were randomly divided into four groups, 15 rats in each group. The animals were maintained in a controlled environment at 24 ± 1℃ and 50 ± 10% relative humidity with the alternating 12:12-hour light-dark cycle. A modified version of the Solt-Farber method (18) was used to generate the liver GST-P-positive foci that indicate precancerous liver lesion. The positive control group was treated as: NDEA (10 mg/kg body weight, i.p.) was given once a day from days 7–12, and 20% CCl4 (0.5 ml/rat, i.p.) was given once a day on days 40 and 41, and finally the rats were subjected to two-thirds hepatectomy under ether anesthesia on day 42. Besides these treatments, the tea-treated groups were treated with 0.1% tea polyphenols or 0.1% tea pigments as drinking fluid during the whole experiment. Rats in the negative control group were injected i.p. with the equal volumes of saline instead of carcinogen. Rats in the positive control group and the negative control group were given tap water as drinking fluid. All the rats were sacrificed on day 56, and the livers were cut into several sections for GST-P immunohistochemical staining and Western blot assays.

**GST-P Immunohistochemical Assay.** Immunohistochemical assay was performed using the avidin-biotin peroxidase complex immunoperoxidase methods (19). Three different sections from each liver were fixed with 10% buffered formalin and then embedded in paraffin blocks. The blocks were cut into 4-μm serial slices and mounted on glass slides. The deparaffinized sections were then incubated with methanol containing 3% H2O2 for 10 min to block the activity of endogenous peroxidase. The reactivity was transferred onto nitrocellulose membranes, and each membrane was probed with rabbit antirat GST-P polyclonal antibody and then biotinylated antirabbit secondary antibody and avidin-biotin peroxidase complex for 30 min consecutively. The reactivity was enhanced with 5% nonfat dry milk and then incubated with the chemiluminescent detection luminol (Santa Cruz Biotechnology, Santa Cruz, CA). Relative protein level was calculated as the ratio of the optical density of P21WAF1/CIP1, cyclin D1, or CDK4 and that of β-actin.

**Statistical Analysis.** Statistical analysis of data was performed using the Student’s t test. To obtain a normal distribution, immunohistochemical data were analyzed after square root transformation.

**Results**

**Food Intake, Body Weight, and Tea or Water Consumption.** There were no significant differences in food intake of each group (Table 1). The body weight growth of rats in each group during the experimental period also showed no differences before partial hepatectomy (Fig. 1). At the eighth week, body weight in the NDEA-treated groups was significantly lower than that of the negative control group (P < 0.05).

**Effect of Tea Polyphenols on GST-P-positive Foci.** The results of GST-P immunohistochemical staining are shown in Table 3. All animals in the NDEA-treated groups developed positive foci in liver slices, whereas no positive foci were found as compared with the negative control group (P > 0.05). The method of Lamml (22). The separated protein was transferred onto nitrocellulose membranes, and each membrane was cut into two pieces; one piece was incubated at 4℃ overnight with polyclonal primary antibody P21WAF1/CIP1, cyclin D1, or CDK4, and the other one with β-actin.

**Table 1 Food intake in each group**

<table>
<thead>
<tr>
<th>Group</th>
<th>No. of animals</th>
<th>Weeks 1–2</th>
<th>Weeks 3–4</th>
<th>Weeks 5–6</th>
<th>Weeks 7–8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive control</td>
<td>15</td>
<td>130.6 ± 22.9</td>
<td>147.1 ± 12.3</td>
<td>152.9 ± 11.7</td>
<td>141.6 ± 21.0</td>
</tr>
<tr>
<td>Tea polyphenols</td>
<td>15</td>
<td>119.2 ± 20.7</td>
<td>140.3 ± 19.2</td>
<td>142.3 ± 16.2</td>
<td>134.7 ± 21.6</td>
</tr>
<tr>
<td>Tea pigments</td>
<td>15</td>
<td>117.5 ± 13.7</td>
<td>139.5 ± 12.4</td>
<td>149.5 ± 12.3</td>
<td>131.8 ± 24.0</td>
</tr>
<tr>
<td>Negative control</td>
<td>15</td>
<td>131.7 ± 13.5</td>
<td>149.0 ± 12.5</td>
<td>155.3 ± 13.3</td>
<td>148.2 ± 18.7</td>
</tr>
</tbody>
</table>

* Values are means ± SD.
with tea polyphenols and tea pigments. Matsumoto GST-P-positive foci were significantly decreased in rats treated in the positive control group, whereas the number and area of GST-P-positive foci were greatly increased in the negative control group. The number of GST-P-positive foci was also significantly reduced in rats drinking 0.1% tea polyphenols as compared with the positive control group. All these studies suggested that regulation of cell cycle regulators may be an important step in oncogenesis.

**Table 2** Water or tea consumption (milliliters)*

<table>
<thead>
<tr>
<th>Group</th>
<th>No. of animals</th>
<th>Weeks 1–2</th>
<th>Weeks 3–4</th>
<th>Weeks 5–6</th>
<th>Weeks 7–8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive control</td>
<td>15</td>
<td>21.9 ± 3.30</td>
<td>27.2 ± 3.37</td>
<td>27.5 ± 2.27</td>
<td>29.1 ± 2.28</td>
</tr>
<tr>
<td>Tea polyphenols</td>
<td>15</td>
<td>22.0 ± 3.67</td>
<td>26.0 ± 2.99</td>
<td>26.9 ± 2.44</td>
<td>29.2 ± 2.43</td>
</tr>
<tr>
<td>Tea pigments</td>
<td>15</td>
<td>24.2 ± 4.04</td>
<td>27.9 ± 3.36</td>
<td>28.5 ± 2.10</td>
<td>29.2 ± 1.56</td>
</tr>
<tr>
<td>Negative control</td>
<td>15</td>
<td>23.5 ± 2.87</td>
<td>27.0 ± 2.50</td>
<td>28.5 ± 2.91</td>
<td>29.4 ± 2.31</td>
</tr>
</tbody>
</table>

*Values are means ± SD.

**Table 3** Effects of tea on rat liver GST-P-positive foci

<table>
<thead>
<tr>
<th>Group</th>
<th>n</th>
<th>GST-P-positive foci</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Foci/cm²</td>
</tr>
<tr>
<td>Positive control</td>
<td>10</td>
<td>2.70 ± 2.10a</td>
</tr>
<tr>
<td>Tea polyphenols</td>
<td>15</td>
<td>1.60 ± 0.40a</td>
</tr>
<tr>
<td>Tea pigments</td>
<td>10</td>
<td>1.37 ± 0.77b</td>
</tr>
<tr>
<td>Negative control</td>
<td>15</td>
<td>1.37 ± 0.77b</td>
</tr>
</tbody>
</table>

*Statistically different from the positive control group, *P* < 0.01.

**Effect of Tea Polyphenols on P21WAF1/CIP1, Cyclin D1, and CDK4 Protein Expression.** The protein expression level of P21WAF1/CIP1, cyclin D1, and CDK4 in rat liver cytosol fraction was measured by the Western blot assay (Table 4; Fig. 2). Compared with the positive control group, P21WAF1/CIP1 protein relative level in rats of tea-treated groups was significantly increased, whereas the relative level of cyclin D1 and CDK4 protein was significantly reduced in tea-treated groups.

**Discussion**

The present study examined the effects of tea polyphenols and tea pigments on the development of liver preneoplastic lesions GST-P and some cell cycle regulators in a modified Solt-Farber model, in which GST-P foci can be formed within 8 weeks. Because this process involves multistages of carcinogenesis, it is considered a valuable animal model for chemoprevention study. In this model, the carcinogen-initiated cells proliferate selectively, simulated by hepatectomy and rapid formation of enzyme-altered foci—GST-P-positive foci (23). In general, these foci are rarely detected in normal rat liver. Thus, GST-P-positive foci are recognized as a reliable and sensitive marker of liver carcinogenesis, and it has been widely used in carcinogen screening and chemoprevention studies for liver cancer (11). In this study, we counted the number of GST-P foci under light microscope, and, at the same time, we measured the foci area using the Image Pro-Plus image system. We found that the number and area of GST-P-positive foci were greatly increased in the positive control group, whereas the number and area of GST-P-positive foci were significantly decreased in rats treated with tea polyphenols and tea pigments. Matsumoto et al. (24) found that tea polyphenols reduced not only the numbers, but also the size of the GST-P-positive foci in their study. Tamura et al. (17) also found that green tea extract reduced the numbers of the foci. These results are in accordance with our present study.

In the study presented here, cyclin D1, CDK4, and P21WAF1/CIP1 protein levels were measured by Western blotting analysis in normal rat liver tissues and preneoplastic lesions. In normal adult animals, hepatocytes are highly differentiated and can remain for a long period in a quiescent G0 state (25). However, hepatocytes have the potential to proliferate after chemical or physical partial hepatectomy (26). Cyclin-CDKs complexes are essential for cell cycle transition. Because the major regulatory events leading to cell proliferation occur in the G1 phase of the cell cycle, altered expression of G1 cyclins and their CDKs may be an important step in oncogenesis (27–30). Studies in human cancer have shown that G1 cyclins and their CDKs are the most consistently altered cell cycle regulatory proteins, and an accumulating body of evidence suggests that deregulated expression of cyclin D1 and CDK4 are associated with malignancy (31). Therefore, inhibition of the expression of cyclin D1 and CDK4 protein may be one way of chemopreventive agents to block the development of carcinogenesis. It has been reported that most cell cycle regulatory proteins, including cyclin D1 and CDK4, are already present in regenerating rat liver cells and related to transcriptional and translational expression (32). In this study, we observed an increase of cyclin D1 and CDK4 protein expression in liver preneoplastic lesions when compared with normal liver tissue, and tea polyphenols and tea pigments treatment significantly inhibited the expression of cyclin D1 and CDK4 proteins as compared with the positive control group. Ahmad et al. (33) studied the cell cycle dysregulation by green tea polyphenol and found that the major green tea polyphenol EGCG inhibited cyclin D1 and CDK4 protein expression in human epidermoid carcinoma (A431) cells. Our present animal study result confirmed this *in vitro* result.

P21WAF1/CIP1, one of the CDK inhibitors, selectively inhibits the G1/S cyclin-CDK complexes (34). Because cyclin D1/CDK4 complexes are thought to play a major role in cell cycle progression in early phase, induction of P21WAF1/CIP1 and consequent inhibition of cyclin D1 and CDK4 may be an important step in the chemoprevention of cancer. Lin et al. (35) demonstrated that EGCG induced the expression of P21WAF1/CIP1 protein, meanwhile inhibiting the expression of CDK4. Another study also showed that EGCG induced the expression of P21WAF1/CIP1 and inhibited the expression of cyclin D1 and CDK4 (33). However, all these studies are *in vitro* studies; *in vivo* studies are needed to confirm these results. In the present animal study, we observed the expression of P21WAF1/CIP1 protein was significantly induced by tea as compared with the positive control group. All these studies suggested that regulation of cell cycle regulators may be a possible mechanism of cancer chemoprevention by tea.

In conclusion, our study showed that tea polyphenols and tea pigments significantly reduced the number and area of GST-P-positive foci. Western blot analysis showed that tea induced the expression of P21WAF1/CIP1 and inhibited the expression of cyclin D and CDK4. However, because the whole liver was used in Western blot analysis, the expression of the protein level may not be accurate.
proteins were subjected to SDS-PAGE and then to Western blotting. Membranes for protein loading. The representative blot is shown with each lane representing each lane representing each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. The representative blot is shown with each lane representing the relative level of protein. 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